

THE TIME IS NOW, WE NEED THE UPGRADES TO HOLD AND ANCHOR THE HUGE ENERGIES THAT ARE POURING IN. WE NEED TO JOIN OUR LIGHT BODIES TO CLAIM OUR AUTHENTIC SPIRITUAL GIFTS.

- Sacred community & ritual
- Sisterhood, all levels welcome
- Receive & return energy in the portal of Mount Shasta
- Release, renew, replenish your cup
- Play, bask, swim & co-create

This is a once-in-a-lifetime Sacred Eclipse energy portal. Mount Shasta, one of the most sacred lands on the planet, where Heaven meets Earth. Where we embody our Divinity on the Earth Plane. Cosmic Mother meets Mother Earth Goddess. She moves within us, as above so below. We are here hands and hearts on this planet. And we need to keep our cup fresh and full.

We resource ourselves to resource the sacred spiritual warrior queen that we are. We call in the vast energies available for our own transformation from caterpillar to chrysalis to butterfly. We are all equal in the eyes of the Mother and amplify each other in every stage of our path.



Get in touch

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NOURISH
THE INNER
PRIESTESS
Mount Shasta Retreat



What to Bring



- Warm layer (down coat (yes!), hat, sweater/fleece)
- Clothes to feel comfortable and beautiful in: (White/Blue/Red/Pink/Magenta/Burgundy/Pink/Yellow/Purple)
- Hiking shoes
- Water sandals/shoes
- Scarf for head covering
- Dinner item to share for a first meal together
- Water from home or sacred land to share in our opening night water ceremony
- Journal
- Collage items: magazines/magazine images/words/sentences, computer printouts, other items to glue on a vision board...enough for self and some to share
- Sunscreen, sunhat, water bottle
- Towel and swimsuit
- Extra food for your two lunches or can purchase during solo time in town.
- Money for crystals, etc., in the town of Mount Shasta.
- Alter items that you will reclaim after the closing: Light and Shadow items such as crystals, feathers, artwork, photos, any other ritual items.

SCHEDULE



THURSDAY, JULY 29

- 4 PM Arrival, Settle & Welcome
- High Tea, tea and snacks provided by us
- 5:30 PM Tour of Flowing Waters
- 6:30 PM Abundance Potluck Dinner, please bring a dish to share with your sisters
- 7:30-10:30 PM Water Priestess: Sacred Sister Circle: Light and Shadow Alter Co-Creation, Water Blessing Ritual

FRIDAY, JULY 30

- 9 AM Ceremony: Bringing Down the Sun: Upgrading Your Body to its Highest Light Codes
- 1:30-4:30 PM Solo Sanctuary Time
- Stay at the property to swim in their special swimming hole
- Come into the town of Mount Shasta to shop and lunch
- Join us for a picnic swim at Castle Lake
- 5 PM Meet to Carpool to Mount Shasta 360 Site
- 5:30 PM Lemuria Dinner, provided by us
- 6:30-9:30 PM Fire Priestess: Sun and Moon, Paying it forward and backward: Healing your Lineages to the Ancestors and Future Generations.
- Holy Sacrament: Great Mother Harvest Dessert Platter

SATURDAY, JULY 31

- 9 AM Circle: Earth Priestess: Making Real Vision Boarding/Sacred Art
- 12 PM Leave for Bunny Flat/Panther Meadow (Bring lunch): Meadow Walk to meet your spirit guide, receive messages
- 2 PM Womb Priestess: Labyrinth Walk at Top peak
- 4-6 PM Solo Sanctuary Time
- 6 PM Nature Devas Dinner, provided by us
- 7 PM Air Priestess: Muse Dance party and Magical Elixir sampling, Alignment & Creativity

SUNDAY, AUGUST 1

- 9 AM Ether Priestess: Sacred Witness Circle: What is calling to you for your next steps? We will seed the truth of your vision, Nature Mandala Gratitude Ritual
- 11 AM Depart

